Plantlore Inventory List

Lessons/Activities:
- Akutaq — Alutiq Ice Cream Lesson Plan
- Medicinal Plant Study Lesson Plan
- Raw Materials Matching Game Lesson Plan
- Naut’staapet— Our Plants Plantlore Art Cards Lesson Plan
- Alutiq Graphic Arts: Painting with Plants Lesson Plan
- Making Yarrow Salve Lesson Plan (Grade Level 6-12)
- Pre-K-1st Grade Art Activity Handouts
- Virtual Plant Walk: [https://vimeo.com/579571715](https://vimeo.com/579571715)
- Cottonwood Bud Salve Instructions
  - Video: [https://vimeo.com/411544852](https://vimeo.com/411544852)
- Crowberry Pie Instructions
  - Video: [https://vimeo.com/625846351](https://vimeo.com/625846351)
- Fireweed Chai Tea Instructions
  - Video: [https://vimeo.com/591799993](https://vimeo.com/591799993)
- Rose Petal Jam Instructions
  - Video: [https://vimeo.com/580506397](https://vimeo.com/580506397)
- Pickled Kelp Instructions
  - Video: [https://vimeo.com/559180583](https://vimeo.com/559180583)
- Spruce Tip Syrup Instructions
  - Video: [https://vimeo.com/428592383](https://vimeo.com/428592383)
- Trail Lemonade and Sauce or Pesto with Sheep Sorrel Instructions
  - Video: [https://vimeo.com/416430810](https://vimeo.com/416430810)

Note of Caution: All use of wild plants is done at the user’s own risk. The Alutiq Museum and its partners accept no responsibility for experimentation.

Books:
- Traditional Food Guide for Alaska Native Cancer Survivors
- Igaruacirpet—Our Way of Making Designs
- Naut’staarpet—Our Plants A Kodiak Alutiq Plantlore by Priscilla N. Russell
- The Wild Foods Cookbook
- Berry Magic
- Naken ta’taartat alagnat? — Where do berries come from?
- Piilito! – Let’s Create! An Alutiq Activity Book
- Alutiq Traditions Book
Educational Materials-
- Alutiiq Plants App (available in the App store and in Self Service for KIBSD teachers)
- Plant Information Index Cards (4 sets) (Also Found on USB)
- Plantlore Art Cards
- Neq’rkat — The Wild Food Project Recipe Cards

Educational Handouts-
- Uksuq — An Alutiiq Year Handout
- Naut’staat Alutii’tstun — Plants in Alutiiq Society Handout
- Keligcipet — Carving Traditions Handout
- Naut’staat Neq’rkaqlluki — Plants as Food
- Plant Habitats in Alutiiq Handout
- Kodiak Alutiiq Spring Plants

Natural Material Samples-
- Bark Collected from Kodiak Beaches (Bark — Qelltek)
  - Carved Bark Maskette (Mask — Maas’kaaq, Giinaruaaq, Giinaaq)  
- Qar’usiq (Qasrulek) — Red Cedar
- Ciquq — Cottonwood
- Napaq — Sitka Spruce
  - Dried Sitka Spruce Tips
- Uqgwik — Alder
- Nimruyaq — Willow
- Beach Grass (Beach Rye, Beach Grass, Lyme Grass — Imanit; Tapernat)
  - In-Progress Beach Grass Weaving
- Birch — Qasrulek, Uqgwik (Birch Bark — Qasrulek, Qasruq)
- Spruce Root — Napat nuqgít (Napaq — Tree, Nukek — Root)
  - In-Progress Spruce Root Weaving
- Yellow Cedar (Cedar — Qar’usiq; Qasrulek)
- In-Progress Rye Grass Weaving (Beach Rye, Beach Grass, Lyme Grass — Imanit; Tapernat)

Box Contents-
- USB (Contains the boxes resources)