



Dear Educator,

Cama'i – Hello

This box contains educational materials and resources exploring traditional and contemporary subsistence practices. The creation of the *Suumarcirpet* – Our Way of Life box was made possible by funding from the Munartet Project and the Alaska State Council on the Arts.

The materials in this box are outlined in the inventory checklist. Before using, please go over the checklist to verify that all contents are present. Please remind your students that these resources are from the museum and need to be treated with care so that we may share them with others.

We understand that occasional accidents happen. If such an event does occur, please let us know by leaving a note in the box so we can replace or repair the items.

All the materials and resources are for your use, there are lesson plans and activities that we suggest for specific age groups. We encourage you to incorporate your own ideas and teaching methods to fit the needs of your audience. These lesson plans include modifications and additional resources to provide alternative activities. The box also includes a USB flash drive with the box's resources for your convenience.

Before you return the box, please go over the checklist and ensure that all materials are present. Finally, we hope that you will share your experiences with us. Please take a moment to complete the teacher evaluation form which will help us improve this box and future traveling kits.

Quyanaasinaq – Thank you very much.

Sincerely,

The Alutiiq Museum Staff

Suumarcirpet — Our Way of Life Inventory List



Lessons/Activities-

- Subsistence Scavenger Hunt Lesson Plan
 - Bear Claw
 - Baleen
 - Spruce Root
 - Coal
 - Sea Lion Flipper Bone
 - Slate
 - Cod Head
 - Sea Otter Fur
 - Land Otter Fur
 - Harbor Seal Fur
 - Scavenger Hunt Cards (Found on USB)
- Kodiak Alutiiq Heritage Thematic Units Lesson 8: Russian Food
- Caayurturlita — Let's Drink Tea. Alutiit Caayuat — Alutiiq Tea and Kasaakat Caayuat — Russian Tea
- Exploring Wild Foods Lesson Plan
- Pre-K-1st Art Activities Packet by Hanna Sholl
- Coloring Alutiiq pages
- Iqsanii's Trout Hook —How Can We Learn from The Past? Lesson Plan
- Coloring Iqalluut — Fish Lesson Plan
- Thanksgiving and Local Foods Lesson Plan
- Mingurngasqanek Ipegyanek Aulutalilita — Let's Make Ground Slate Tools Instructions
 - Video: <https://vimeo.com/418607236>

Books-

- A King Salmon Journey
- Pililita! — Let's Create! An Alutiiq Activity Book
- Alutiiq Subsistence Informational Booklet
- Looking Both Ways Heritage and Identity of the Alutiiq People
- Naut'staarpet — Our Plants A Kodiak Alutiiq Plantlore
- Wild Foods Cookbook
- Cestun Ila et'a — How is it Outside/What is the Weather? Book
- Cuqllirpaaq Iqalluk Kiagmi—The First Fish of the Season Book
- Made of Salmon Alaska Stories from The Salmon Project
- Iqsanim Ancirsuutii — Iqsanii's Trout Hook Book
- Una Taquka'angcuk Ag'Illria Kuigmen — This Little Bear Went to the River
- Alutiiq Traditions Book
- Coloring Iqalluut — Fish Book

Educational Handouts-

- Subsistence Information in Historic Accounts of the Kodiak Alutiiq
- Alutiiq Word of the Week: Throwing Board — Nuqaq
- Alutiiq Word of the Week: Fishhook — Iqsak

- Alutiiq Word of the Week: Halibut — Sagiq
- Timeline Booklet
- The Alutiiq Seasonal Cycle
- Pisucillpet — Hunting Traditions
- Arwarsucipet —Whaling Traditions
- Ulukaq—Ulu
- Iqallugsurluni Imarmi — Ocean Fishing
- Iqallugsurluni Kuigmi — River Fishing
- Caguyaq — Hunting Hat
- Saqullkananek Piiiluni —Birds: As a Resource
- Aaquyaq & Arhnaq—River Otter and Sea Otter
- Naut'staat Neq'rkaqlluki — Plants as Food
- Naut'staat Alutiit'stun — Plants in Alutiiq Society
- Taquka'asinaq — The Great Bear

Educational Materials-

- Replica Halibut Hook
- Replica Nuqaq —Throwing Board
- Isuwiq — Seal Poster
- Ancestral Food Poster
- Plant Informational Cards (Found on USB)

Educational PowerPoints and Videos-

- Alutiiq Hunting and Fishing (Found on USB)
- Fishing Through Time (Found on USB)
- Sea Mammals (Found on USB)
- Plant Walk with Gayla Pedersen: <https://vimeo.com/579571715>
- Traditional Foods Videos:
 - Uriitat — Chiton Video: <https://vimeo.com/77544001>
 - Amutaq — Cod Video: <https://vimeo.com/77544002>
 - Nasqulut — Kelp Video: <https://vimeo.com/146949488>
 - Amikuq/Utguiq — Octopus Video: <https://vimeo.com/146949490>
 - Sagiq — Halibut Video: <https://vimeo.com/146949491>
 - Saqul'aq — Duck Video: <https://vimeo.com/146949492>
 - Alagnat — Assorted Berries Video: <https://vimeo.com/146949494>
 - Tuntuq — Deer Video: <https://vimeo.com/146949495>
 - Naut'staat — Assorted Greens Video: <https://vimeo.com/146949496>
 - Qateriuk — Ptarmigan Video: <https://vimeo.com/146949498>
 - Niklliq — Salmon Video: <https://vimeo.com/146950214>
- Cooking with Wild Plants:
 - Crowberry Pie Instructions and Video: <https://vimeo.com/625846351>
 - Fireweed Chai Instructions and Video: <https://vimeo.com/591799993>
 - Rose Petal Jam Instructions and Video: <https://vimeo.com/580506397>
 - Pickled Kelp Instructions and Video: <https://vimeo.com/559180583>
 - Spruce Tip Syrup Instructions and Video: <https://vimeo.com/428592383>
 - Goose Tongue Instructions and Video: <https://vimeo.com/442465206>
 - Sheep Sorrel Instructions and Video: <https://vimeo.com/416439810>

Animal Material Samples-

- Iqalluk—Salmon
- Ar'uq—Whale (Sample of Kagit'ruaq—Baleen)
- Wiinaq—Sea Lion
 - Whiskers
- Kaugya'aq—Fox
- Kuskaanaq—Hare
- Tuntuq—Caribou
- Amitatuk—Weasel
- Tuntuq—Deer
- Aaquyaq—Land Otter
- Isuwiq—Spotted Seal
- Paluqtaq—Beaver
- Qanganaq—Squirrel
- Arhnaq—Sea Otter
- Two Tanned Salmon Skins, One Tea Tanned and One Oil Tanned

Box Contents-

- USB Flash Drive (Contains the boxes resources)