

Caayurturlita – Let's Drink Tea

It is always fun to share food and Alutiiq families often offer visitors a snack. Create teatime for your family or friends with these recipes. Add a few pieces of smoked salmon to the table to compliment these dishes.

Alutiit Caayuut – Alutiiq Tea

Ingredients:

Hot water
Tea bags (herbal or black tea)
Berry jelly, mashed berries, or Nootka rose petals

Instructions:

Boil water. Place a tea bag in a mug and fill the mug with hot water. Allow the tea to steep and then remove the tea bag. To flavor, stir in a few mashed berries, a teaspoon of berry jelly, or a few Nootka rose petals. Alutiiq people often add high bush cranberries or jelly made from these berries to their tea.

Kasaakat Caayuut – Russian Tea

Ingredients:

1/3 cup Tang mix
1/3 cup granulated sugar
2 tablespoon instant lemon tea
1/2 teaspoon cinnamon
1/2 teaspoon cloves

Instructions:

In a clean 8 oz jar, combine all ingredients and secure the lid tightly. Shake the jar to mix the ingredients well.

Use:

Mix one to two tablespoons of mix in a mug and add boiling water. Stir and enjoy!

