

Plantlore Inventory List



Lessons/Activities-

- Akutaq — Alutiiq Ice Cream Lesson Plan
- Medicinal Plant Study Lesson Plan
- Raw Materials Matching Game Lesson Plan
- Naut'staapet— Our Plants Plantlore Art Cards Lesson Plan
- Alutiiq Graphic Arts: Painting with Plants Lesson Plan
- Making Yarrow Salve Lesson Plan (Grade Level 6-12)
- Pre-K-1st Grade Art Activity Handouts
- Alutiiq Woven Circle Instructions
- Alutiiq Plant Journaling
- Alutiiq Seasonal Cycle Lesson Plan
- Subsistence Lesson Plan
- Qayat Igait—Kayak Designs & Making Pigment Lesson Plan
- Virtual Plant Walk: <https://vimeo.com/579571715>
- Cottonwood Bud Salve Instructions
 - Video: <https://vimeo.com/411544852>
- Crowberry Pie Instructions
 - Video: <https://vimeo.com/625846351>
- Fireweed Chai Tea Instructions
 - Video: <https://vimeo.com/591799993>
- Rose Petal Jam Instructions
 - Video: <https://vimeo.com/580506397>
- Pickled Kelp Instructions
 - Video: <https://vimeo.com/559180583>
- Spruce Tip Syrup Instructions
 - Video: <https://vimeo.com/428592383>
- Trail Lemonade and Sauce or Pesto with Sheep Sorrel Instructions
 - Video: <https://vimeo.com/416439810>

Note of Caution: All use of wild plants is done at the user's own risk. The Alutiiq Museum and its partners accept no responsibility for experimentation.

Books-

- Imaken Ima'ut — From the Past to the Future Book
- Traditional Food Guide for Alaska Native Cancer Survivors
- Igaruacirpet — Our Way of Making Designs

- Naut'staarpet — Our Plants A Kodiak Alutiiq Plantlore by Priscilla N. Russell
- The Wild Foods Cookbook
- Berry Magic
- Naken taitaartat alagnat? — Where do berries come from?
- Pililita! – Let's Create! An Alutiiq Activity Book
- Alutiiq Traditions Book

Educational Materials-

- Alutiiq Plants App (available in the App store and in Self Service for KIBSD teachers)
- Plant Information Index Cards (4 sets) (Also Found on USB)
- Plantlore Art Cards
- Neq'rkak — The Wild Food Project Recipe Cards

Educational Handouts-

- Uksuq — An Alutiiq Year Handout
- Naut'staat Alutiit'stun — Plants in Alutiiq Society Handout
- Keligcipet — Carving Traditions Handout
- Naut'staat Neq'rkaqluki — Plants as Food
- Plant Habitats in Alutiiq Handout
- Kodiak Alutiiq Spring Plants

Natural Material Samples-

- Bark Collected from Kodiak Beaches (Bark — Qelltek)
 - Carved Bark Maskette (Mask — Maas'kaa, Giinaruaq, Giinaquq)
- Qar'usiqs (Qasrulek) — Red Cedar
- Ciquq — Cottonwood
- Napaq — Sitka Spruce
 - Dried Sitka Spruce Tips
- Uqgwik — Alder
- Nimruyaq — Willow
- Beach Grass (Beach Rye, Beach Grass, Lyme Grass — Imanit; Tapernat)
 - In-Progress Beach Grass Weaving
- Birch — Qasrulek, Uqgwik (Birch Bark — Qasrulek, Qasruq)
- Spruce Root — Napat nukgit (Napaq — Tree, Nukek — Root)
 - In-Progress Spruce Root Weaving
- Yellow Cedar (Cedar — Qar'usiq; Qasrulek)

- In-Progress Rye Grass Weaving (Beach Rye, Beach Grass, Lyme Grass — Imanit; Tapernat)

Box Contents-

- USB (Contains the boxes resources)